



# FUTSAL COACH DEVELOPMENT PROGRAMME

Coach development alongside a University Degree

We understand that observation and experiencing real life situations can develop your knowledge faster and more effectively.

## 1ST YEAR

- Introduction to the game with development of basic techniques and understanding;
- Introduction to the laws of the game;
- Introduction for motor skills and coordination needs for Futsal;
- Development of Futsal training techniques;
- Introduction for training methodology and planning ;

You will be included in the Coaching Staff Team of a Performance squad, with responsibilities that should be increased throughout the year.

Gain different competences of coaching roles and also be sponsored through your FA Coaching badges including the Futsal UEFA B Level\* .

\* Subject to FA approval

## 2ND YEAR

- Introduction to all specificity of Futsal Coaching (Goal Keeper, Fitness, Defensive, Offensive);
- Development of training methodology knowledge (planning, execution and evaluation);
- Introduction to game scouting with video analysis and data analysis;

You will be included in one of our Futsal Teams with a specific role and will have four Modules during the year to develop your knowledge and experience in all the different areas.

After observing and acquiring experience, you will be given more practical experience. After graduating we will open the possibility to do an international internship with a professional team.

## 3RD YEAR

- Development of Leadership Techniques;
- Development of Training Session Planning knowledge;
- Experiencing season stages planning according to the calendar and team goals;
- Experiencing training specificity;
- Dealing with game logistics and pre-match organisation;

You will be coaching one of the teams mentored by the IFA Technical Director. If your choice is another technical role, you will be included in one of the Performance Technical Teams with a specific role (e.g. GK Coach or S&C Coach).